



For Immediate Release
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Ryan Zimmerman to be presented with the Lou Gehrig Memorial Award

WHAT: The Phi Delta Theta Fraternity will present Washington Nationals third baseman **Ryan Zimmerman** with the Lou Gehrig Memorial Award during the on-field pregame ceremonies before the Nationals play the Colorado Rockies on **Friday, July 6.**

This annual award is given to the MLB player who best exemplifies the philanthropic character of Hall of Famer Lou Gehrig off the field as well as his prowess on the field. Zimmerman is the first Gehrig Memorial Award winner in the history of the Nationals or Expos franchise. He joins a distinguished group of Lou Gehrig Memorial Award winners, including Albert Pujols, Derek Jeter and 22 Hall of Famers.

Ryan's commitment to the community is best illustrated through his work with the ziMS Foundation, which aims to raise funds for multiple sclerosis awareness and programs that benefit those afflicted with MS. Ryan's community outreach extends beyond his work with the ziMS Foundation, as he visits local children's hospitals several times each season and takes part in various other charitable initiatives.

WHEN: Friday, July 6, 2012

WHERE: Nationals Park - 1500 South Capitol Street, SE Washington, DC 20003

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